

JUICES

12oz

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20oz

Red Ruby

apple, pear, beet, ginger

\$5.50

\$6.50

Carrot Cayenne

carrots, oranges, lemon, cayenne

\$5.50

\$6.50

Cleansing Cocktail

wheatgrass, carrots, apple, celery, beet

\$6.25

\$7.25

Tropical Delight

ginger, mint, kiwi, pineapple

\$5.50

\$6.50

Ginger Ale

ginger, lemon, apple, sparkling water

\$4.50

\$5.50

Mean Green Juice

kale, spinach, celery, apples, lemon, ginger

\$6.25

\$7.25

Mean Green Juice #2

kale, cucumber, apple, lemon, cilantro, spinach

\$6.25

\$7.25

Super7

parsley, carrots, spinach, tomatoes, celery, cucumber, green pepper

\$6.50

\$7.50

Zesty Cranberry Apple

cranberries, lemon, grapes, apples

\$4.75

\$5.75

Green Guru

cucumbers, kale, spinach, pears, ginger, celery

\$6.25

\$7.25

Sunrise

grapefruit, carrots, apple, ginger

\$5.75

\$6.75

Organic Only Juice

carrots, spinach, apples

\$6.75

\$7.75

Shot of Wheatgrass

\$2.50

Substitute Organic

spinach, carrots, apple

\$.75/ea

COFFEE & TEA

Peace Coffee

\$2.25

The Republic of Tea

Pomegranate Green Tea

\$1.75

Cranberry Blood Orange Fair Trade Certified

\$1.75

Earl Greyer

\$1.75

Milk Oolong

\$1.75

Chamomile Lemon

\$1.75

Decaf Ginger Peach Green Tea

\$1.75

Alkaline Tea-Lemon and Cayenne Pepper

\$1.75

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FREE

refill for
dine-in
customers
on coffee

PROTEIN SMOOTHIES

12oz

|

20oz

Peanut Butter Cup

\$4.95

\$5.95

milk, chocoholic's choice, natural peanut butter, chocolate whey protein

Java Jolt

\$4.95

\$5.95

milk, mocha java, truly latte, vanilla whey protein

Body Builder

\$4.00

\$5.00

agave, milk, banana, oatmeal, natural peanut butter or almond butter, cinnamon

Blueberry Banana Burst

\$4.95

\$5.95

blueberry banana puree, vanilla whey protein, banana, blueberries

Chai Latte

\$4.95

\$5.95

milk, chai tea, chocolate or vanilla whey protein, truly latte

Green Machine

\$4.95

\$5.95

pineapple coconut puree, banana, yogurt, veggie meal for real, vanilla whey protein

Orange Creamsicle

\$4.95

\$5.95

orange tangerine puree, pineapple coconut puree, banana, vanilla whey protein or greek yogurt

Pineapple Paradise

\$4.95

\$5.95

pinapple coconut puree, banana, vanilla whey protein, yogurt

Antioxidant Blast

\$4.95

\$5.95

acai puree, banana, vanilla whey protein, blueberries

Apple Blossom

\$4.95

\$5.95

apple puree, banana, vanilla whey protein, strawberries

Strawberry Slam

\$4.95

\$5.95

strawberry puree, banana, strawberries, vanilla whey protein

Extreme Latte

\$4.95

\$5.95

coffee, truly latte, vanilla whey protein, flaxseed oil

CRUSHED FRUIT SMOOTHIES

Acai For Me

\$4.00

\$5.00

acai puree, banana, blueberries

Tropical Oasis

\$4.00

\$5.00

strawberry puree, pineapple coconut puree, banana, strawberries

Apple-a-Day

\$4.00

\$5.00

apple puree, banana, strawberries

Orange Tangerine

\$4.00

\$5.00

orange tangerine puree, banana, strawberries

LOW GLYCEMIC SMOOTHIES

12oz

|

20oz

Mint Green Smoothie

avocado, milk, vanilla whey protein, greek yogurt, truvia, mint

\$4.95

\$5.95

Avocado Blueberry Smoothie

milk, blueberries, spinach, avocado, stevia

\$4.95

\$5.95

Viking Powerhouse

beet, apple, ginger, coconut oil, blueberries, kale, banana

\$6.25

\$7.25

Packer Punch

avocado, spinach, spirulina, coconut milk, banana, agave

\$6.25

\$7.25

Green Balance

almond milk, vanilla whey, banana, kale, spinach, flaxseed oil, honey

\$4.95

\$5.95

Squashed Mango

butternut squash & mango puree, kale, beet, banana

\$4.95

\$5.95

Fruity Greens

butternut squash & mango puree, kale, vanilla whey protein, strawberries

\$4.95

\$5.95

LOW CALORIE SMOOTHIES

Berry Trim

four berry blend puree, vanilla whey protein, burn fat burn, blueberries

\$4.95

\$5.95

6 Pack Attack

skim milk, banana, chocoholic's choice, chocolate whey protein

\$4.95

\$5.95

Mocha Melt

skim milk, vanilla whey protein, mocha java, burn fat burn

\$4.95

\$5.95

Banana Slim

skim milk, vanilla whey protein, banana, fiber blend

\$4.95

\$5.95

Skinny Minny

skim milk, banana, natural peanut butter, vanilla whey protein

\$4.95

\$5.95

KIDS SMOOTHIES

Peanut Butter and Jelly

four berry puree, natural peanut butter, strawberries

\$4.00

Chocolate Peanut Butter Cup

natural peanut butter, chocoholic's choice, milk

\$4.00

Kids Classic

blueberries, strawberries, yogurt, banana

\$4.00

Strawberry Shortcake

strawberry puree, banana, vanilla whey protein

\$4.00

CAFÉ BLENDS

12oz | 20oz

Truly Latte \$3.75 \$4.75
milk, truly latte

Almond Mocha \$3.75 \$4.75
milk, mocha java, pure almond extract

Mocha Java \$3.75 \$4.75
milk, mocha java

Chai Tea Smoothie \$3.75 \$4.75
milk, chai tea

Vanilla Honey Chai Tea \$3.75 \$4.75
milk, chai tea, honey, vanilla extract

Matcha Green Tea \$4.50 \$5.95
milk, matcha green tea, vanilla whey protein, honey, banana

Matcha Mint Chip \$4.50 \$5.95
milk, matcha mint green tea, vanilla whey protein

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Make Your Own Smoothie \$4.50 \$5.95
- add in 4 ingredients of choice, ice
fruit, vegetable, protein choice, milk, coconut oil, peanut butter, almond butter, yogurt

Choice of Milk - skim FREE
Almond, Soy, and Coconut milk \$.50

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Upgrade protein options \$.50 /ea
Soy, plant based, egg white protein, or unflavored premium whey protein

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Add-Ins \$.75 /ea
veggie meal for real, energizer, womens blend, fiber blend, immune support, burn fat burn, ultimate recovery, joint blend, brainiac, heart healthy, flaxseed, flaxseed oil, chia seeds, hemp seeds, spirulina, coconut oil, avocado powder, spinach or kale, almond butter, natural peanut butter

cinnamon, agave, truvia, honey FREE

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Soup \$4.75

Make your own Salad \$4.75

